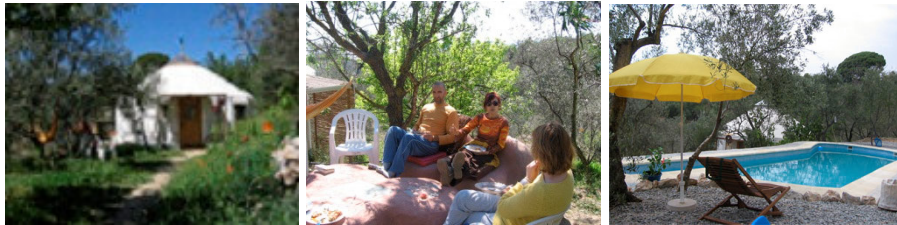


Yoga holiday with a personal touch

Feel at home and part of the family!



Opportunity to relax and rejuvenate in our peaceful, supportive and loving environment. For small groups (up to 6 guests).

Our offer includes:

- Yoga and Qi Gong classes; 1.5 hour in the morning, 1 hour in the afternoon.
- 3 Vegetarian meals.
- Unique accommodation in our lovely Yurts.
- Use of the pool and sauna (in season)

We offer as well a wide variety of therapies;

Reflexology, Massage, Foot reading, Mind Body Acupuncture, Energy healing, Shiatsu, Massage with Tibetan singing bowls, Holistic Facial Massage with Dr. Huashka's products.

- Therapies are NOT included in the general fee.
- You can enjoy as well a big variety of outdoors activities that the area offers. (Check our website for details)

We are looking forward for your participation..

***With lots of love and best wishes,
Yair and Ziza***

Practical staff

Please arrive to our center between 3pm to 6pm of the first day.

Vacation will end after breakfast, at 10am of the last day.

Fee; 90 euros per day.

To secure your place please pay 50% of total as registration fee and the rest to be paid up to one month before starting the training.

Since we limit the number of participants to 6, we need to know ASAP if you are defiantly interested to participate.

In order to pay your registration fee you can make a transfer to our account (will send details upon request). If you like to pay with credit card via **paypal**, we will send you “request for payment” from our **paypal** account. (Please add 2.9% service charge if using the paypal option)

- Please note that treatments and airport transfer are not included in the retreat fee.
- Airport Transfers
A low cost group transfer from Malaga airport to our center can be arranged, subject to your flight arriving no later than 13:30 and your request being confirmed in advance. To book a group transfer please send us an email.
The cost of the Malaga group transfer is 90 euros (one way) to be divided among the number of passengers.
- Insurance
You need to have your own travel insurance and provide us with those details in case of emergency and a telephone number of a relative. Your insurance should cover you for cancellation, sickness, losses and all the usual risks.
- What to bring with you
Flash light, flip-flops, swimming costume, light cloth for Yoga, warm cloth for the evening and early mornings.