

Advanced Energy and Foot Reading. *With Yair Sagy and Ziza Fernandes Sagy*

This course is directed for the graduates of
Energy and Foot Reading- level one.

Energy Reading

You will learn how to move from *Energy Reading* in-to transformational treatment, using the following tools:

1. Initial interview.
 - Important hints.
 2. Recognise the energy blockage.
 - Aura interpretations.
 - Chakras imbalance interpretation.
 3. Guiding client to connect to their energy blockage.
 4. Revising the client's core believe and its origin - Translating energy image to identity patterns.
 5. "Re-programming the mind" - The statement.
 6. Working with resistance to change.
 7. Balancing **only** the energy body.
 - Using the breath.
 - Opening space around blockage.
 - Using third eye to navigate energy in the CROSS action.
 - Connecting to power; Mixing universal and sexual energy.
- Additional healing techniques
 - Separating ego identity from higher self.
 - Connecting to inner child.
 - Ancestral work
 - The soul journey; getting wider perspective on reality.
 - "Becoming"; objects, pain and other people.
 - Using breath as diagnosis tool.

Practical stuff

Time of arrival to our center, Thursday between 15.00 and 17.00.

We will start our first activity on Thursday at 4pm and conclude our training on Monday morning.

The training fee is 500 euros.

To secure your place please pay 250 euros registration fee and the rest 250 to be paid up to one month before starting the training.

Since we limit the number of participants to 6, we need to know ASAP if you are defiantly interested to participate.

In order to pay your registration fee please email to receive our bank account. If you wish to pay by credit card please let us know and we will send you request from our **paypal account.**

- Please note that treatments and airport transfer are not included in the retreat fee.
- **Airport Transfers**
A low cost group transfer from Malaga airport to our center can be arranged, subject to your flight arriving no later than 13:30 and your request being confirmed in advance. To book a group transfer please send us an email.
- **Insurance**
YOU MUST HAVE FULL TRAVEL INSURANCE TO COVER THE ACTIVITIES.
You need to have your own travel insurance and provide us with those details in case of emergency. Your insurance should cover you for cancellation, sickness, losses and all the usual risks.

We are looking forward for your participation in our training.

With lots of love and best wishes,

Yair and Ziza